LESSON 1

Parent Questions & Discussions

1. What careers do you think fit my personality? What would you suggest I do to pursue these types of careers?

2. How will my choices affect my future?

3. At what age do you think your child should go out alone with a person of the opposite sex?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 2

Parent Questions & Discussions

1. What are some media limits we need to set as a family?

2. What guidelines do you think need to be in place for me with regards to the internet?

3. Watch a TV show with your parent and write down 3 mixed messages that you see.

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 3

Parent Questions & Discussions

1. How old were you when you had your first crush? What happened?
2. What's the difference between a crush and love?
3. What are some things I can change that will help me be a healthier person?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 4

Parent Questions & Discussions

1. What do you think about teen pregnancy?

2. How could teen pregnancy affect our family?

3. Did you know any teens that were pregnant when you were in school? If so, how did it change their lives?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 5

Parent Questions & Discussions

1. What are your expectations of me at home and at school?

2. How can laws protect me?

3. What are some of the benefits of remaining abstinent?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program All Rights Reserved

LESSON 5

Parent Questions & Discussions

1. What are your expectations of me at home and at school?

2. How can laws protect me?

3. What are some of the benefits of remaining abstinent?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 6

Parent Questions & Discussions

1. When did you go through puberty? Was it an easy or hard change for you?
2. What are some of the physical changes I can expect to go through in puberty?
3. When you were my age who was your best friend and why?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 7

Parent Questions & Discussions

1. How would alcohol use affect me and my goals?

2. What kind of secret password should we create if I found myself in a bad situation?

3. How would you help if I told you one of my friends was doing drugs?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 8

Parent Questions & Discussions

1. Do you still feel peer pressure in your life and how do you deal with it?

2. What are some boundaries that you think I should set for myself regarding friends?

3. What kind of boundaries do you think I should set for myself regarding abstinence from any risky behavior?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 9

Parent Questions & Discussions

1. Why is being in a monogamous relationship important?
2. What does it mean to you to have self respect?
3. When do you think it is ok to kiss someone?

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.

LESSON 10

Parent Questions & Discussions

1. Looking over my checklist, what would you say is the most important skill that I learned and Why?

1. What type of things could we do as a family that would encourage me to have a healthy lifestyle?

2. Give your parents three reasons why abstinence from sexual relationships until marriage is the best choice for you. Write them down on this page.

My feelings on the subject:

© Copyright 2012 East Texas Abstinence Program. All Rights Reserved.