

The Panther's Paw

Friday, October 9, 2015

Vol. 70 No. 3

Spring Hill High School

Brooke Williams photo / The Panther's Paw



What to know about Bullying

INSIDE

What are these signs hanging all around the school? Are they just for decoration and fun? Or do they have a deeper meaning. [Page 7](#) has everything needed to know about bullying.

Runners take your marks

by Wade Worley

Every morning at five a.m. the cross country awakes to come run around the school. This practice started late in the Summer and has continued still.

However, it has paid off. The team recently traveled to Round Rock to compete in the McNeil Invitational. Even though the team members did not rank high against the large 6A schools,, many runners came back with personal records.

See page 6 for whole story.

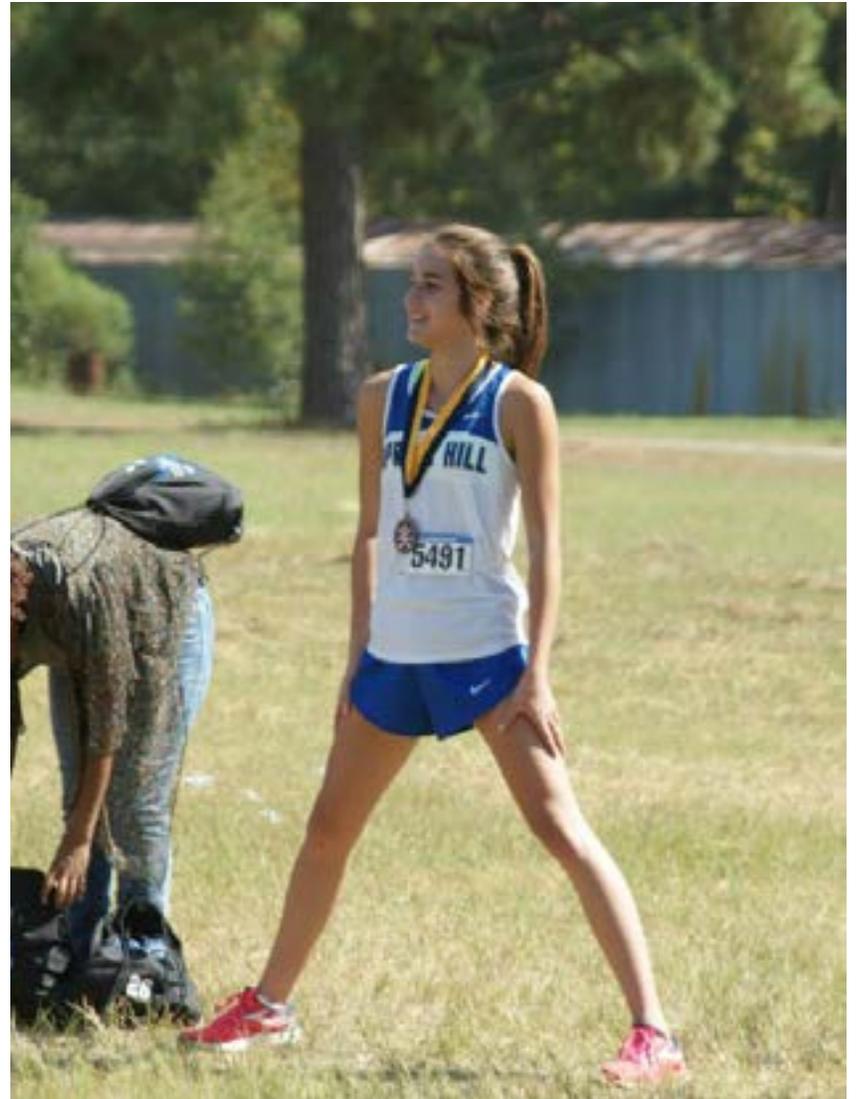


Photo courtesy of Jordan Alford/ The Panther's Paw

Sophie Buckelew/ The Panther's Paw



Volleyball is a Sweeper

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Meet some twins

Imagine moving to a different state right before the hardest four years of your life, well these two did. Alex and Tyler Caron are freshman twins who first year at Spring Hill is this year. Get to know these two and finally put a name with the new faces you have seen around school.



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Taylor Gee photo / The Panther's Paw

Alex and Tyler Caron *Student Spotlight*

Age: 15 Grade: Freshmen



Twin brothers Alex(left) and Tyler(right) pose for a picture outside of Coach Pool's room.

Taylor Gee Photo / **THE PANTHER'S PAW**

Two new faces you might have seen in the hallways, are the twin brothers Alex and Tyler.

"It would be different without him because I always have him to do something with." Alex said.

"He's my built in best friend." Tyler said.

Brothers admitted that Alex is the brains of the pair while Tyler is the athletic one. Alex is enjoying his English class and Tyler, to no surprise, favors athletics.

Alex, the older one, has joined the Spring Hill Blue Brigade band, where he plays the trombone.

"Everyone is really supportive, we are like a big family." Alex said.

Tyler on the other hand plays basketball and baseball.

"Coach Pope is definitely my favorite." Tyler said.

The twins moved to Spring Hill from, Rolla Missouri. Where they lived for thirteen years prior.

"It was sad to leave my old friends, but I have made a lot of new ones here." Alex said.

The move was hard, but they are adjusting.

"We would like to thank everyone for making the adjustment easy and for being nice." Alex and Tyler said.

Band blows away Fabulous Friday

by Sophie Buckelew

After flooding the gym, all the little panthers waited patiently to find out what their surprise would be. While the Blue Brigade piled in the gym, the students watched in amazement with excitement in their eyes.

Spring Hill primary has been having these fun filled gatherings for years. These are the primary's version of pep rally's. There's dancing, singing, and laughter. Last Friday, October 2nd, the SHHS Blue Brigade was the special guest.

"We played the school song and Uptown Funk," Freshman Jonathan Willis said. "It was sweet getting to see them dance and sing along." Fabulous Friday gets all the kids energy out in the morning from dancing and singing. Having the band there was a great addition to the traditional Friday morning ritual.

"It was crazy going back to the primary. It was like walking back in time," Sophomore Clare Hutcheson said. "I used to aspire to be in the band and I hope we encouraged some of the kids."

The younger kids truly look up to the high school students. Having the band there not only made their day better, but also gives them something to strive for.

"It was so much fun getting to play for the kids and seeing them smile like that," Sophomore Lannah Peeler said. "I hope we get to do it again!"

"It was crazy going back to the primary. It was like walking back in time," Sophomore Clare Hutcheson said. "I used to aspire to be in the band and I hope we encouraged some of the kids."

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VOL. 70, NO. 2 n Friday, October 9, 2015
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Photo courtesy of Randy Kiser / **THE PANTHER'S PAW**

Dear Darcy

Dear Darcy,

“If you don’t think a teacher likes you, what do you do if you can’t get out of her class?”

As long as you do your work, pay attention, and are respectful, you shouldn’t have any problems. If you’re still having issues that you feel are unjustified, try talking to Mr. Lind about it.

Dear Darcy,

“How do we band kids get ready for school in two minutes?”

Girls, do your make-up before band. Have your clothes on top of your bag so you can easily grab them. If you run from the field to the band hall, it allows so much more time!

Dear Darcy,

“How can I catch up and graduate with my class? Or is it even possible?”

Try talking to the counselors about your options. There are online classes available for certain courses that you could take. If you really put in the extra work and time, I’m sure you could complete the courses and graduate with your class, but you need to get started ASAP.

Dear Darcy,

“How can I be productive at school?”

Always be prepared for class. Have all your work done and materials for the class ready before time. Listen to the teacher and ask questions when you don’t understand. Ask about your options if you feel like you’re falling behind; some teachers provide extra credit.

Letter to the Editor

Dear Editor,

I am writing you to address the benefits of having Dr. Ben Carson as president. Though he does not have the political experience like many wish he had, he is willing to learn as he is learning now. Also, if he was paired with a strong vice president, Carson would have an efficient office running the country.

Another great reason Carson would be a great president is because he can relate to the people. Though Carson is learning his way in the political world to appeal to people for his benefit, he has not been doing that his whole career. Therefore, he understands what the people want.

Sincerely,

A Spring Hill High School Student.

Disclaimer: opinion of Student may not reflect the student population of school district

Senior Suggest

“Take the ACT and SAT your junior year.”

-Christina Chapman

“If you want to try something, do it in high school.”

-Tara Pleasant

“Follow me on twitter @kase_white.”

-Kase White

“Same as Kase.”

-Blane Benson

“Do all of your homework. It will pay off.”

“Take a stand.”

-Mohammad Matin

“Make yourself worth something.”

-Kaitlyn McKngiht

As I was saying...

Alli’s words of wisdom

Have you ever thought “I just want to survive high school.”? I know I have. It’s something we have probably all thought before. High school can be hard to deal with, whether it’s the people or the classes or both. Sometimes it’s easier to start every school day dreaming about the final bell. I completely get it.



Yet at the same time, how is that healthy. Dreading the beginning of the day and wishing for the end means you’re missing everything in the middle.

Thriving is way better than just surviving. Look around. This school is buzzing with activity and opportunity.

Get to know some new people. You never know who will surprise you with an awesome friendship.

Get involved. There is so much to do around here! Sign up for clubs and activities. Pay attention to announcements and go to sporting events. Even if you don’t like sports, they’re a great way to get out of the house.

Drink some coffee. The Spill is always, always, ALWAYS a good idea.

Breathe. Seriously! Slow down.

Think about what’s going on around you and take it all in. There’s no need to rush through your day.

You don’t want to look back as a senior and realize how much you missed out on. I get that high school can suck sometimes. But it doesn’t have to all the time.

Talk to you all later. Have a great weekend!

“Don’t quit something you love (like band) just because you are lazy.”

-Baylee Mallet

“Think before you Snapchat.”

-Anna Scott

Panther Nation



Taylor Gee photo / THE PANTHER'S PAW

Golf coach, Angus Pool not only coaches girls and guys golf, but also teaches wood shop.



Taylor gee photo / THE PANTHER'S PAW

Senior Melissa Khatry(left) Junior Danielle Deason(middle) and Senior Aubrey Lamore are all painted up in The Pack to cheer on the football guys.



Taylor Gee photo / THE PANTHER'S PAW

Mascot Junior Ronnie Fritz poses with his two younger sisters Britney(left) and Breana(right) at the Van pep rally. Britney & Breana are new members of the Pacesetters line.

by Taylor Gee

Spring Hill ISD is not solely made up of a football team and a high school, in fact there is much more going on than just Friday nights. Teachers, such as Angus Pool(left) work as a teacher and a coach to help make the district great.

While teachers are greatly appreciated, what would teachers be without students. Students participate in many activities such as band, football, volley ball, cross country, pacesetters, cheerleading, twirling and flag, while also being a member of the pack and keeping up with all their school work.

Panther Nation made up of all ages. Junior high students also like to come support the teams as well.

Support the football team tonight while they travel to Center, the volley ball team will play Kilgore at Spring Hill and Cross country will run tomorrow at Gilmer.



Taylor Gee photo / THE PANTHER'S PAW

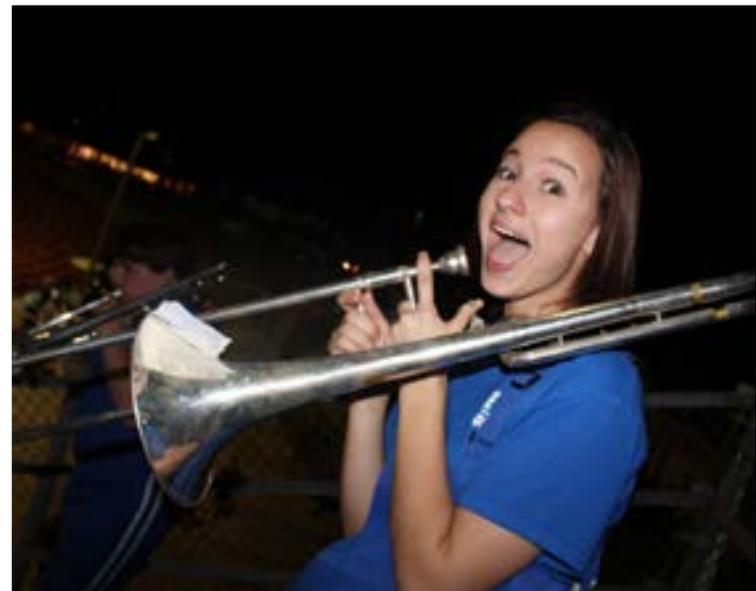
The football team follows captains Garrett Self, Kolby Tulpa, and Scott Deal onto the field for the coin toss at the Canton game.



Taylor Gee photo / THE PANTHER'S PAW
The band's loading crew poses after they have finished loading the trailer full of instruments for the band to an away game.



Taylor Gee photo / THE PANTHER'S PAW
Junior high students, Avery Mercer(left) and Peyton Borens(right) pose at the game where they came to support the team.



Taylor Gee photo / THE PANTHER'S PAW
Senior Olivia Hughes poses with her trombone while playing a Stand Jam.



Taylor Gee photo / THE PANTHER'S PAW
Pacesetters pose for a pregame picture, ready to cheer on their team at an away football game.

Cross Country: McNeil Invitational

High school and junior high runners get a glimpse of the State course

by Wade Worley

This past weekend, the Spring Hill cross country team made the lengthy trip to Round Rock to run in the McNeil Invitational, where 18 Spring Hill runners, ten high school and eight junior high runners, tested out the State course and became prepared for what lies ahead. Starting off the morning were the junior high runners (both girls and boys) in a combined JH race.

For the junior high runners, the meet was all about learning. Learning the importance of a team, learning what cross country is really all about, and learning that cross country isn't all work, it's also about having a great time.

Following the JH race, was the Varsity Boys gold division, consisting of 395 of the State's top runners in divisions (1A-6A) and challenging the course for SH, was senior Kase White. He finished the race as the 5th 4A runner.

"I cut an entire minute off of my time. That's a good sign for the future of my season." White said.

Freshmen Kinsey Smith lined up for the Varsity girls race, in a field of 407 runners. From the start Smith led the race, shooting for a personal best in the two mile, which is exactly what happened. This earned her 53rd place, and like White, Smith is ready to come back in a month to try out the course again.

Ending the day were the rest of the high school boys Varsity team. After waiting to race all day, they finally had their chance, along with 416 other runners in the (1A-4A) division. Finishing first for the Panthers was freshman Manuel Florres, with an outstanding time of (18:48), followed by the rest of the panther crew, all posting personal records for the season.

Through the McNeil Invitational the Spring Hill XC team gained knowledge, friendships, and a new understanding of the commitment and dedication it takes to be a part of a sport, such as cross country. Spring Hill definitely left their mark, and they're excited to come back for round two.



High school cross country members Kase White, Ethan Pimentel, and Kolby Tulpa (back row starting second from left) pose with Junior High cross country members. Photo courtesy Jordan Alford

Volleyball is a sweeper

by Kayla Miller

Spring Hill volleyball easily defeated Gladewater in 3 games Tuesday night, with scores of 25-8, 25-5, and 25-13. The girls dominated the net. Senior Ann Hollas had an incredible 24 kills and Senior Jenna Hampton had 8.

The front row isn't the only place the girls are strong, the team is solid all around. Libero, senior Camie Copeland had 21 points, 12 digs, 2 aces, and an assist. The team is almost halfway through district play and has defeated every school they've played, sweeping the last four teams they've played.

The last school in the district to play is Kilgore. The game is tonight here at Spring Hill. The team hopes to continue undefeated record in district and their sweeping streak.

Come show your support for the Lady Panthers by coming to the game and cheering on the girls!



Sophie Bucklelew Photo / THE PANTHER'S PAW

Beyond The Lights

by A'Kia Larke

This past year we lost a very valuable trainer and friend to some Michel Rich.

Now, there are two new trainers on the block: Eugene Beaver and Katie Billingslea.

These two are both fresh out of college.

"[Starting my career at Spring Hill] is a great opportunity," Beaver said. "All students that want to and have the drive to do so come to sports medicine."

For Billingslea, working at Spring Hill is "kind of like coming home."

"It's hard balancing coaching, teaching, and training but she loves it," Billingslea said. "But coming from White Oak, and having been a trainer before, Spring Hill has been a great move."



Recap of volleyball game last Friday:

The Lady Panthers traveled to Bullard they won in 3 games. Some of the outstanding players were Keeley McCain with her outstanding setting adding 8 assists to her stats.

Another member was Kaylin McWhorter serving 10 in a row to set up a great win. Also, Camie Copeland added 14 serves in a row to set up a great game, leaving the Lady Panthers 28-3 (3-0) in district.

Put a STOP to bullying

Editorial by Kyle McCain

Bullying is a controversial topic that involves young lives everywhere, starting usually in middle school through high school. The reason someone is “bullied” is usually from appearance, popularity, rank, or actions, but bullying can be exaggerated from time to time.

Poking fun of someone is totally different than bullying because friends poke fun at each other all the time in all tender and playfulness, rather bullying is a recurring event of violent or hurtful sequences that usually doesn't involve any regard of joking towards the person.

Resolution can help in the matter by hopefully teaching the bully a lesson, or him not making any types of contact with the proposed victim, because sometimes there are people whose whole lives have been filled with pain, suffering or evil and all they need is a small ounce of love to keep them motivated in this life, but then bullies can come in and wreck the whole operation, giving this person no motive to keep on going, no motive to stay awake in this nightmare and keep mourning that no one understands or cares about them.

Usually the bully character is personified by a person who has also had his/her share of pain, not feeling or knowing the grasp of compassion or love, inevitably not being able to produce affection to someone they think doesn't fit in to their social status or group.

Kids today say they despise bullying, but honestly how many times does a person jump right into the source of conflict and say “Hey you, stop right there and quit harassing that innocent person!” Like you would see in a movie, where there is a hero to defeat the bully and the victim's troubles.

This is the real world, and how desirable it would be to say that it happens all the time, however it doesn't and that's the problem, people don't just jump in and say “back off” or something as easy as just a couple of words just to let the bully know that what he's doing isn't appropriate.

Spring Hill Leader's Core is committed to stopping any inferior bullying that goes on in this school, putting up posters all around campus for all eyes to see and all hearts to comprehend. There is no way to entirely defeat bullying, from what starts out as a thought from the mind, but as a community, as a school and as a family bullying can be stopped. Every time eyes or ears notice even the slightest indication, a stand should be taken.

Fashion at your school

by Brooke Williams



Taylor Willingham
Freshman

Jeans – Dillard's \$99
Top – Dillard's \$34
Shoes – Journey's \$30
Necklace – Kohl's \$40

Thomas Utzman
Senior

Shirt- Hollister- \$40
Shorts- Khaki shorts American
Eagle- \$15 (on sale)
Shoes- denim blue
Sperrys-\$55

This is a trendy yet chill look that is easy for most guys to pull off.



Avery Barnhill
Junior

Jeans – Nordstrom \$50
Top – Forever 21 \$12
Shoes – Journey's \$40
Necklaces – Gaudy Me \$15

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Special of the month

The Texas Millionaire Cappuccino

Made with two shots of caramel, one of praline, and one cinnamon, topped off with low-fat whipped cream and ghoulish sprinkles.



ONLY \$2.50