

The Panther's Paw

Friday, November 6, 2015

Vol. 70 No. 4

Spring Hill High School



Taylor Gee photo / The Panther's Paw

For the gold

INSIDE

Senior Kase White has taken first place at the District Cross Country meet all four years of his high school career. [Page 2](#) has the full story on White's run to fame.

Tennis team advances to State

Saturday, the Panther tennis team secured their spot at the state tournament after traveling to Conroe to compete in the Regional tournament. The road to state has not been easy. At the Area tournament, Spring Hill was tied, and had to compete in a tie breaker match where Trystan Deck secured a win for the team taking them to Regionals. The Regional tournament was last Friday and Saturday. Since they won they will travel to the Texas A&M University: George P. Mitchell Tennis Center & Omar Smith Intramural Tennis Center next Wednesday and Thursday.



Avery Barnhill / The Panther's Paw

Volleyball sweeps Gilmer for District title

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Who are the candidates?

The 2016 presidential election will be coming soon. However, there are still many people running. So how will you know who the best nominees are? Look at [Page 7](#) for a brief summary



Kase White

Age: 18 Grade: Senior



Senior Kase White won first place at district cross country last week, and is seen posing with his medal.
Taylor Gee Photo / THE PANTHER'S PAW

Student Spotlight

Senior Kase White has managed to clench the first place spot at District for the past four years, and this year is no exception.

"It's a pretty cool accomplishment," White said. "I've been working hard for it and going to keep striving for a state win."

White has to wake up every morning at 5:30 a.m. to make cross country practice at 6:00 a.m.

"It's definitely not easy, and sometimes I actually want to stop during a hard run," White said. "But you have to keep going, and I put in all this work so I

might as well come up with a medal or a win."

To top off his district win, White set a personal record, placing first at Regionals Oct. 26.

"It was exciting," White said. "I have always wanted to win Regionals, so I felt accomplished."

Kase White will travel to Austin to run in the State Meet Saturday.

"I feel pretty confident going into it," White said. "I really want to win a medal."

Mock UIL winners wow through the gift of writing

Mrs. Tucker's journalism classes compete in news, feature & editorial writing



Stephanie Peña
Freshman

First place in:
Feature Writing



Stacia Victor
Sophomore

First place in:
News Writing
Editorial Writing

The Panther's Paw

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Runners Up

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Freshman-Kay Davis

Editorial Writing

Senior-Kaitlyn McKnight
Freshman-Connor Duffey

News Writing

Sophomore-Angelique Villamor
Freshman-Stephanie Peña

Dear Darcy

Dear Darcy,

How can I keep my stuff organized throughout the year without losing anything?

Make sure you keep separate folders for all of your classes. When you get homework in geometry, for example, put it in the folder you have for geometry. People start losing papers when they put all their homework in one folder. If your backpack is too full with eight folders for eight classes, try using an accordion folder and label all the tabs with your class names to save space.

Dear Darcy,

How do I wake up on time? I'm always rushing because I accidentally sleep late.

First of all, make sure you're going to bed at a reasonable time every night. The key to not waking up tired is to make sure your body has enough rest. The average teenager needs eight to ten hours of sleep for their body to function properly. Lots of teens don't go to sleep on time simply because they're not tired, or they have too much homework. Try to get your homework done pretty soon after you get home so you have the evening to relax. Once you set a sleep schedule, you'll become used to going to bed at that time. If you go back to sleep after you turn your alarm off in the morning, try setting multiple alarms. Put your phone or alarm clock across the room so you have to get out of bed to turn it off and don't get back in bed. Start your day as soon as your alarm goes off so you don't have to rush anymore.

Dear Darcy,

When can we go to The Spill?

The Spill is open 15 minutes before school starts for you to get your morning coffee fix before class. It's cheaper than Starbucks, and when you buy from our students, you're supporting our school. It's open all day except for fifth period (because of the lunches). You can go buy snacks between classes, but we can't eat in class. The only time you're allowed to go during class is when your teacher takes the whole class. The workers can take your drink order during the day and will have it ready for you after school gets out.

Dear Darcy,

What do you think most kids struggle with in school?

Most kids have trouble juggling all of their activities. Managing your time is one of the hardest things you have to do in high school. Maintaining your grades, your social life, your extracurricular activities and everything else you do always proves difficult for teenagers. It's easiest to manage your time when you can make a schedule of activities for each day, and get your stuff done in the time you have set aside.

Senior Suggest

"Always do your world geography homework."

-Anonymous

"Always know the wifi password."

-A'kia Larke

"Live life to the fullest."

-Kenton Goodman

"Haiti is a country, not a person. Don't get those confused."

-Camie Copeland

"Don't do somersaults in the hallway."

-Ann Hollas

"Freshman: Don't try to go for the seniors!"

-Keeley McCain

As I was saying...

Alli's words of wisdom

Is it too early to say 'tis the season? Well I'm going to say it anyway, because it is!

Halloween just passed, Thanksgiving is this month, and Christmas is less than two months away. It's officially the time of the year where there's a holiday every month. It's pretty neat.



For me, it's a relief. School has been going for a few months, and I'm already stressed to the max (don't trust people who say senior year is easy, it's not).

I'm always moving, from class to class and home to homework and weekends full of planning for college. My life is so busy, and I don't really have serious thought outside of "move move move".

Then I realized all the holidays that were coming up and felt so much better about my busy life. Sure, my move move move lifestyle may get the job done, but I'm going to wear myself out without a break.

Holidays give me that.

An important thing to remember is to actually relax around the holidays. They're a gift you don't want to miss out on if you keep on moving, so tomorrow, breathe.

Have fun.

When Thanksgiving and Christmas breaks come, chill out. Push school and your busy life out of your mind, and fill yourself up with good food, and enjoy the people around you. And sleep. Also sleep.

"Quality over quantity. Two or three great friends are better than a lot of fake friends."

-Mikaela Davis

First round for SH boys' golf

Team develops game plan after a rough start at Mt. Pleasant tourney

by Taylor Gee

The Spring Hill varsity boys' golf team had their first tournament Mon. in Mount Pleasant. No one on the team placed, but offers a source of inspiration to the team.

"The first tournament looked very dim, but it definitely gives the team some motivation in future tournaments to play better," junior Braden Norris said.

The team has practiced, but not as much as they would've liked.

"We have practiced every week, but not as much as we could have," Norris said. "Now that weather is perfect for golf we will practice about twice as much the rest of the year."

As every athlete knows, practice is how the teams win, golf is no exception. The goal is to find the weak spots and practice that to get better.

"We need to figure out where the weakest part in each of our games are," Norris said. "Then we need to work together to improve those off points."

Even though the team did not do as well as hoped, they still enjoyed themselves.

"My favorite part of the tournament is getting the opportunity to go play the game I love," Norris said. "[I love it] even though I didn't play up to my standards."

The Lindale Invitational next Tuesday is the next tournament the boys team will play, hoping to do better than this tournament.



Members of the boys golf team (L to R): Payton Long, Justin Hix, Brad Norris, Tyler Ferrell & Keaton Hicks.
Photo courtesy Coach Angus Pool

Sub-varsity football makes impressive showing this season

by Rebecca Heaton

The Spring Hill sub-varsity football team has enjoyed a successful season thus far, having won multiple games. When asked what it was that has made them such a formidable force, the answer, while predictable, will ring true for most athletes.

"JV means teamwork," sophomore Brayden Yantes said.

Yantes is not the only one that feels this way about the team.

"A team with a tight-knit, family-

like connection is always essential to success, but so are the hours spent at practice each day," sophomore Cade Blount said. "We do work."

With the combined efforts of the boys and the coaches, the sub-varsity football team has an optimistic outlook for the remainder of the season.

"[The team has] shown a 'never quit' mentality in their football season," Coach Chad Ashby said.

"The scoreboard doesn't seem to matter whether we are winning or not. The game is never over until the whistle blows."

This remarkable mentality has won the JV team many games; almost every game, save the Tatum & Gladewater games, but Varsity took care of it.

Tennis slams Regionals; State on Agenda now

By Laura Gibson

The singer Lorde said “let’s go down to the tennis court, and talk it up like yeah (Yeah).” The Spring Hill Varsity tennis team has done just that.

The team is in it for the Nguyen; they beat Center 10-9 for victory as a tie breaker during the Area matches October 22.

“The final match of Center was a tie breaker,” senior Trystan Deck said. “There was lots of pressure but we pulled through.”

With these wins under their belt, the team traveled to Regionals, in Conroe, where they won; now they will continue their journey on to the state competition, while continuing to work hard.

SH dominates Paris in bi-district playoff game

By Kayla Miller

The lady panther’s volleyball team are first place district champs. The normal district play resulted in a tie between the Spring Hill lady Panthers and the Gilmer lady Buckeyes.

The tie breaker was played last Friday night and the team swept Gilmer, securing their first place rank in the district.

The scores for the Gilmer game were 25-17, 25-8, 25-14. They didn’t have much time to celebrate this win, the team had to prepare to begin bi-district games.

The lady Panthers played Paris at Mount Pleasant High School in their first round of playoffs Monday night and swept the Wildcats also. The score of the first game was 25-14. The second game was never close, with a final score of 25-11. The team secured the win and ended the third game by beating the Wildcats 25-16.

In the next round, the team played Kaufman last night in Van; the game started at 6.

The Panthers are currently ranked number 8 in the state and have a good chance of continuing to advance in the playoffs, and hopefully fulfill their goal of continuing on to the State tournament.



Avery Barnhill Photo/ The Panther's Paw

“We condition twice a week,” Deck said. “[We] play for at least two hours everyday.”

The team has been working hard and it is obvious. Wish them luck as they travel to State next Wednesday and Thursday.



Megan Everett Photo/ The Panther's Paw

Beyond the lights

By: A’Kia Larke



Our Lady Panther’s Traveled to Mt. Pleasant to play Paris in their first playoff game.

The highlight of all games would have to be how well the Lady Panther’s served and played defense.

In the first two matches the ladies missed no serves. Hampton was 19-19, Hollas was 15-15, Copeland was 11-11 and Bell was 8-8.

The Lady Panthers ended the night with 42 digs.

With the sweep of the Lady Eagles. In the beginning of the third match they were losing by 4 8-12 after taking a time-out the ladies came together and ended it scoring 25-14.

They are ranked 8 in the state.

Red Ribbon Week

SH students pledge to stay drug-free in the spirit of fun

Tacky Tourist Monday



Junior Kaylin McWhorter, seniors Hannah Grubb, Bethany Bell, Mikaela Davis, Camie Copeland and Mabry Nichols.

Starting on the left, freshman Jordan Tran, freshman Jordan Tran, senior Taylor Gee, and junior Kamri Hickerson



PJ Tuesday



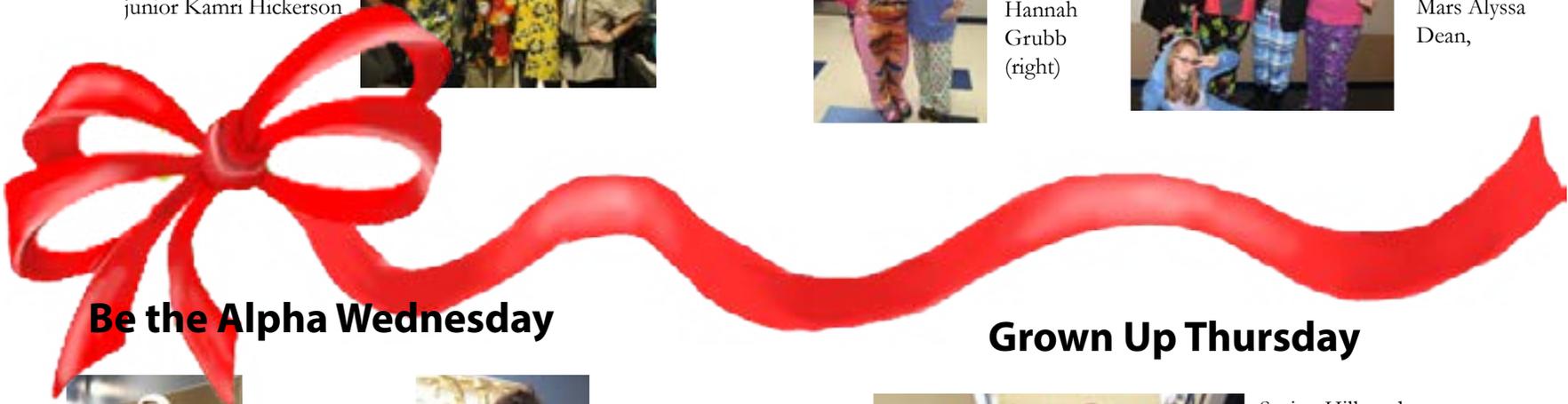
Seniors Ann Hollas, Mallory Dechard, Bethany Bell, Mabry Nichols, Melissa Khattry, Taylor Gee, Anna Scott, and Kase White, juniors Kaylin McWhorter and Danielle Deason.



Seniors Destiny Walker(left) and Hannah Grubb (right)



Freshmen Laney Driggers, MaKenzie Mars Alyssa Dean,



Be the Alpha Wednesday



Freshman Macy (The Man) Borens.



Senior Kase (Mrs. Kincy) White.

Sophomore Hannah (hot dog) Gossage- left, senior Mabry (Mustard) Nichols- middle, and senior Hannah (hot dog) Grubb- right.



Grown Up Thursday



Spring Hill students want to be doctors, nurses, dentists, vets and orthodontists. Pictured are Brooke Presley, Grace Gee, MaKenzie Mars, Avery Barnhill, Alli Hall, Hannah Grubb, Kamri Hickerson, Courtney Harris, Sarah Puckett, Kyra Hamilton, Dania Aleman, Besaida Aleman, Caton Hawkins, Tyler Newman, Allie Robinett, Danyelle Young, Carson Robertson Will Carmley, Grace Stark, Seth Barkley, Jessica Francis, Shea Vandegriff, Kerstin Andrews, Canaan Knox, Laniya Campbell, Autumn Smith, Braden Herman, Colton Heldarle, Yaneli Vega, Eli Nichols & Julian Alahmed.

When Mrs. Debbie Bass grows up she wants to be a retired grandma.



President Candidates

A Cliffs Notes-like approach to their policies

By Wade Worley

Bernie Sanders - Democrat - Bernie Sanders says that "Our nation belongs to the people, not a handful of billionaires, their super PACs, and lobbyists." He believes in rebuilding the middle class by raising taxes for those making over \$500,000 a year. He also wants to stop outsourcing American jobs to foreign countries so more Americans can make a livable income. Sanders has a 100% pro-choice record according to NAARL. He voted against the Wall Street bailout claiming, "Those who caused the market crash should have to pay to fix the damages." Bernie claims that the war on drugs is a failed policy and that Marijuana should be legalized and in the meantime recreational use should be researched. Sanders has a mixed approach to gun rights. He also says that healthcare is a human right and that it is morally wrong to let another human being die from a disease that could be prevented. Sanders wants to raise the minimum wage to \$15 per hour because a minimum wage worker can not raise on family on that salary. He is also completely against war unless it is absolutely necessary and would rather spend money spent on wars, on our crumbling infrastructure. Bernie also claims that college should be a right and that if we invest in our young Americans now, it will pay off by raising the number of educated Americans.

Hillary Clinton - Democrat - Hillary wants to make abortion rare by promoting adoption. She wants to use tax dollars to upgrade infrastructure instead of building things like stadiums. Hillary changed her mind for pro-gay rights in 2014. Hillary Clinton says that corporations are making the middle class invisible but voted for a bill that outsourced jobs to China. She says "We need to address the unacceptable rate of incarceration in America." Clinton wants to fine not imprison non-violent drug offenders. Hillary first supported building the Keystone pipeline but now has changed her opinion on the matter. She has also set a goal of 25% renewable energy by 2025. Hillary Clinton supported the TPP deal but then change her mind on the issue into being against it. Clinton wants to get assault weapons and guns off of the streets and believes that strict gun control will protect our children. She believes that Edward Snowden broke the law and should have to face the full consequences. She also supported the PATRIOT act. Hillary said that "Bengazi security was simply inadequate in such a dangerous city" but she ignored dozens and dozens of requests for a boost in security for nine months. Clinton wants to "get tough with China and bring back jobs to America."

Donald Trump - Republican - Donald Trump said that we owe 19T as a country and that we need a business man to come in and fix that. Trump said political correctness is the country's problem, not his. He also does not support same-sex marriage or partner benefits. Trump claims a 0% corporation would create millions of jobs. Donald says that capital punishment isn't wrong, letting murders live is. He also supports the legalization of drugs and wants to use the tax revenue for drug education. He wants to cut the Department of Education "way, way down." Trump said that if you love America, you will protect it with no apologies. Trump said that the fact that he gives to politicians and they give back is terrible. Donald Trump also wants us to build a great wall on the southern border and make Mexico pay for it. He said he wants to have a one time 14.25% tax on all wealth to erase the national debt. Trump also wants to take 1.5T in oil from Iraq to pay for American losses during the American invasion of Iraq. He wants to apply "welfare to work programs" to give jobs to the lower class.

Ben Carson - Republican - Ben Carson wants to ban abortion 20 weeks after fertilization. He wants to cut every government agency by %10 with no exceptions. Carson says that homosexuality is a choice, but that same-sex marriage is the law. He said that "raising corporate taxes will raise the national debt." He supports marijuana for medical use, but not for recreational. Ben also claims that maintaining the American pinnacle requires math, not athletics. He believes that climate debate is distracting and irrelevant. He also said that "American (321,216,397 citizens) poverty rates pale to Indian (1,220,800,359 citizens) and African (1.132B citizens) rates. Carson believes that there are too many lawyers in the government and that we need to bring in more doctors. He also says that vaccines don't create autism and are extremely important, regardless of personal choice. Carson also doesn't want to tie the military's hands in fighting terrorism, even in torture. Ben says that God encourages a flat tax, a 10% tithe. Carson says that we could get rid of poverty by offering education and required work.

Disclaimer: opinions/policies of each candidate do not reflect that of Spring Hill ISD or The Panther's Paw

Fashion at your school

by Sophie Buckelew



Mikaela Davis

Senior

Dress - Earthbound Trading Co. - \$37



Clare Hutcheson

Sophomore

Shirt - Old Navy - \$5 on sale

Jeans - Old Navy - \$30

Jacket - Charming Charlie - \$34



Mallory Wallace

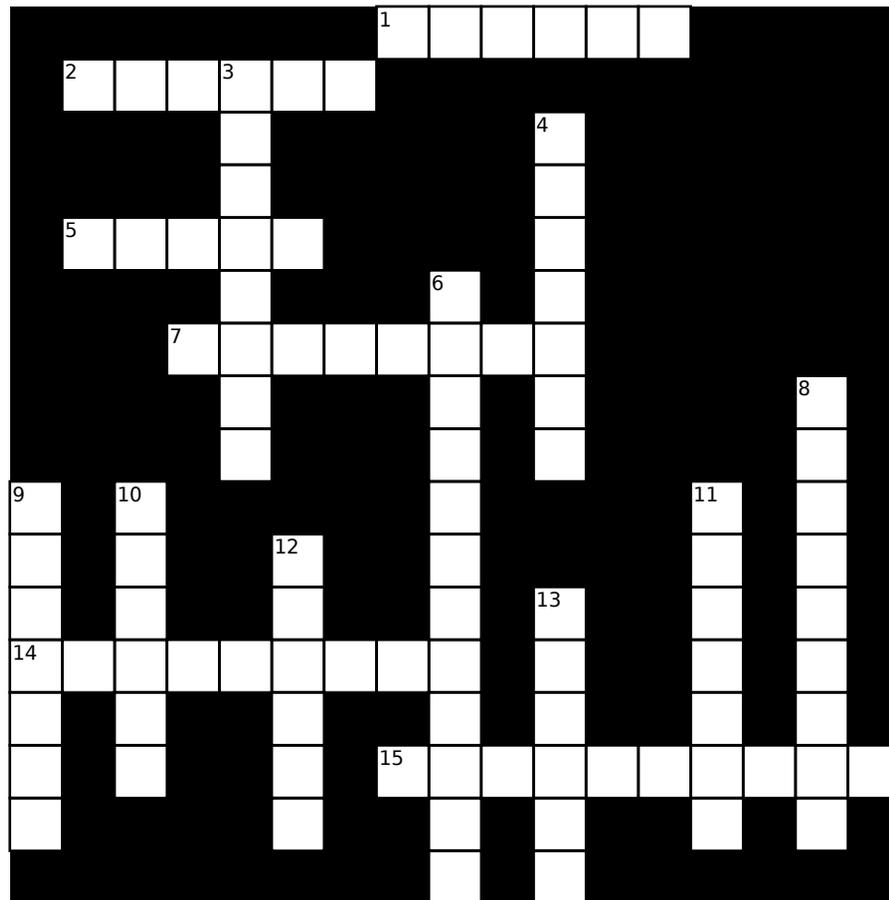
Sophomore

Top-Ross \$7

Skirt- Ross \$11

CROSSWORD PUZZLE

by Hannah Murray



- | Across | Down |
|---|---|
| 1 November is the month for giving _____ | 3 Guys watch ___ on Sundays |
| 2 People drink more _____ when it gets cold outside | 4 After carving a _____ you can make a _____ pie |
| 5 Most girls like to wear _____ during the fall | 6 Fall is for bonfires and roasting |
| 7 What channel plays Christmas movies 24/7 | 8 The first of November, you start seeing _____ commercials |
| 14 It's the most _____ time of the year. | 9 How long do we have off for Thanksgiving break |
| 15 The movie everybody has been waiting for, _____:Part 2 is coming out | 10 Most leaves change color to red and _____ |
| | 11 Most _____ applications were due November 1st |
| | 12 What is the traditional meat for Thanksgiving |
| | 13 You may not want to leave the house without a _____ |

The first Three students to turn this in to Mrs. Tucker completed with all the right answers will receive a free drink card for The Spill